

ABSTRACT OF THE DISCLOSURE

An absorbent article having a thin, flexible absorbent pad that can accommodate one or two insults with a low probability of leakage. The absorbent article can be less than about 5 millimeters thick, with the absorbent pad being less than about 3 millimeters thick. The absorbent article has a low absorbent capacity of, for example, less than three times an anticipated single insult volume, or less than twice an anticipated single insult volume. The absorbent article is particularly suitable for use as a toilet training aid.